

Counseling Survivors of Incest

Additional Resources

ORGANIZATIONS:

Pennsylvania Coalition Against Rape
1-800-692-7445
www.pcar.org

PA Family Support Alliance
1-800-448-4906
www.pa-fsa.org

Childline
1-800-932-0313

National Center for PTSD
www.ptsd.va.gov/

National Center for Victims of Crime
www.ncvc.org

US DOJ Office for Victims of Crime
www.ovc.gov

Websites:

Stop It Now
www.stopitnow.org

HERO Project
<http://www.heroproject.org/>

Act for Kids
<http://www.actforkids.org/content/home.php>

RECOMMENDED BOOKS:

The Courage to Heal: A Guide for Women Survivors of Child Sexual Abuse, E. Bass & L. Davis

Healing the Incest Wound: Adult Survivors in Therapy, by C. Courtois

The Me Nobody Knows: A Guide for Teen Survivors, by B. Bean & S. Bennett

The Rape Recovery Handbook, by A. Matsakis

Trauma & Recovery: The Aftermath of Violence, by J. Herman

Treating Abused Adolescents, by E. Gil

Victims No Longer: The Classic Guide for Men Recovering from Sexual Child Abuse, by M. Lew

Wounded Boys, Heroic Men: A Man's Guide to Recovery from Child Abuse, by D. J. Sonkin

RECOMMENDED DVDs

"The Healing Years"

"Boys and Men Healing from Child Sexual Abuse"

Both available from: www.bigvoicepictures.com