Counseling Survivors of Incest

Additional Resources

**ORGANIZATIONS:**
- Pennsylvania Coalition Against Rape
  1-800-692-7445
  [www.pcar.org](http://www.pcar.org)
- PA Family Support Alliance
  1-800-448-4906
  [www.pa-fsa.org](http://www.pa-fsa.org)
- Childline
  1-800-932-0313
- National Center for PTSD
  [www.ptsd.va.gov/](http://www.ptsd.va.gov/)
- National Center for Victims of Crime
  [www.ncvc.org](http://www.ncvc.org)
- US DOJ Office for Victims of Crime
  [www.ovc.gov](http://www.ovc.gov)

**Websites:**
- Stop It Now
  [www.stopitnow.org](http://www.stopitnow.org)
- HERO Project
  [http://www.heroproject.org/](http://www.heroproject.org/)
- Act for Kids
  [http://www.actforkids.org/content/home.php](http://www.actforkids.org/content/home.php)

**RECOMMENDED BOOKS:**
- *Healing the Incest Wound: Adult Survivors in Therapy*, by C. Courtois
- *The Rape Recovery Handbook*, by A. Matsakis
- *Trauma & Recovery: The Aftermath of Violence*, by J. Herman
- *Treating Abused Adolescents*, by E. Gil

**RECOMMENDED DVDs**
- “The Healing Years”
- “Boys and Men Healing from Child Sexual Abuse”
  Both available from: [www.bigvoicepictures.com](http://www.bigvoicepictures.com)